



# Tea for MD



**Let's share cakes to Beat Macular Disease!**

Thank you so much for planning your Tea for MD to help us beat the fear and isolation of macular disease with world-class research, and the best advice and support.

Everyone loves a get together over a cuppa and a piece of cake. Yours will be extra special, as every mouthful will raise funds for a really worthwhile cause.

Whether you have held a tea before or you are planning your first one, we hope this pack will provide you with some useful tips and materials.



Registered with  
**FUNDRAISING  
REGULATOR**

**Macular Society**  
Let's Beat Macular Disease



## Top Tips!

### Choose a date

Hold your Tea for MD during Macular Week or pick a date that suits you better – perhaps tying it in with a special celebration.

### Find a venue

You might hold your Tea for MD at home or at work but if you decide to book a venue, don't forget to plan well ahead.

### Send your invites

Whether you decide to invite family, friends or work colleagues, remember you can get your invites out by email, social media, phone or post.

### Get plenty of help

Ask for volunteers to help you plan your Tea for MD and share the workload. Give everyone a job, such as baking cakes or looking after the money.

### Ask for goodies

Ask local businesses to donate cakes or savouries. Give them plenty of notice and remind them

a couple of days before your event. You might want to thank them by adding their name as a sponsor on your posters and invitations. We can provide you with a 'Letter of authority' if you are asking businesses to donate.

### Promotion

If you are opening your Tea for MD to the public, you may want to advertise it in your local shops or library by displaying our eye-catching posters. You could also approach your local radio station or newspaper to list your event in their 'What's on' slots. If you use social media, don't forget to use Facebook and other platforms to spread the word.

## Get FUNdraising!

Ask guests to donate. Don't be afraid to suggest café prices, especially for delicious home-made cakes. You can also add other fun money-raising ideas, such as a raffle, tombola, bring-and-buy stall or a craft sale.



## Keep it safe

To help you and your guests stay safe and enjoy your Tea for MD fully, please:

- Complete our short 'Risk assessment' form, so you can identify possible hazards in advance and do something about them.
- Have a first aid kit for minor injuries on the day.
- Prepare and present food in a clean and hygienic environment. See [food.gov.uk](https://www.food.gov.uk) for guidance.
- Tea parties are not covered by Macular Society insurance, unless they take place at one of our support groups. Make sure your insurance covers your tea party and your guests.
- When taking photos, ask your guests if the Society can use them for publicity.
- Make sure two people count any cash and keep it secure until it is paid in.



**“We held a Tea for MD in the garden on a lovely sunny day in July. We had a great time and I am delighted to say that we raised a fantastic £432. My mum had macular degeneration and I wanted to do something to raise money in memory of her.”**

**- Jackie McEwan, supporter**

- Unless your guests are your own personal friends or family, please keep any contact details securely, and destroy them after your event, to comply with the data protection regulations.

## After your event

First of all, a big thank you for all your hard work. Now it's time to relax, thank your volunteers and congratulate each other on a successful event. If you have any special stories to tell, or great photos to share, please get in touch.

Now for one last thing ...

## Paying in the money

Please see the downloadable T4MD T total form which explains how to send in your money.

## How your money helps

Macular disease is the biggest cause of sight loss in the UK, with around 300 people diagnosed every day. It steals your sight, your confidence, and your ability to do the things you love.

## For more information or advice:

Please email [community@macularsociety.org](mailto:community@macularsociety.org) or call Susie on 01264 560 249

To support people affected by macular disease now, the Macular Society provides a range of support, information and services.

But there is only one way to Beat Macular Disease for good. We must fund much more research, until we find a cure, or find treatments that stop it in its tracks.

Your Tea for MD event has provided crucial support to make this happen.

Together we can fund the research that will find the cure. Together we can make sure the next generation won't have their sight, confidence, and love of life stolen from them by macular disease. Together we can Beat Macular Disease.

**Thank you.**

**Macular Society, PO Box 1870, Andover SP10 9AD**

**Advice and Information Service 0300 3030 111 [macularsociety.org](http://macularsociety.org)**

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